

# Nature-based Solutions

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#1

Defining and Understanding NbS



# Some facts...

**\$44 trillion of economic value generation, half of World's GDP is moderately or highly dependent on nature**



**According to IPBES around 1 million species are under the threat of extinction.**

**The UN estimated that 40% of land is now degraded. Freshwater is becoming more scarce, 60% of rivers in Europe defined unhealthy**



# Defining Nature-based Solutions (NbS)

According to the **International Union for the Conservation of Nature (IUCN)** NbS are:

**Actions to protect, sustainably manage, and restore natural and modified ecosystems**



**Address societal challenges effectively and adaptively**



**Actions that benefiting people and nature simultaneously**



# Frequent expressions used when talking of NbS :

## **Biodiversity and Ecosystems**

e.g., forests, wetlands



## **Restore and Manage**

e.g., mangrove restoration, reforestation



## **Mitigation, Adaptation and Resilience**

e.g., carbon capture, flood recovery



## **Societal Issues**

e.g., public health benefits



# Societal Issues that NbS could improve

- **Climate change mitigation & adaptation**
- **Disaster Risk Reduction**
- **Public Health**
- **Water and Food Security**

NbS linked to forest, wetlands and agriculture could sequester **1/3 of GHG emissions**

Wetlands, forests and coastal systems act as **buffers that reduce exposure to natural hazards**

NbS can **improve water and food quality, reduce zoonotic diseases, and bring physical and mental health benefits**



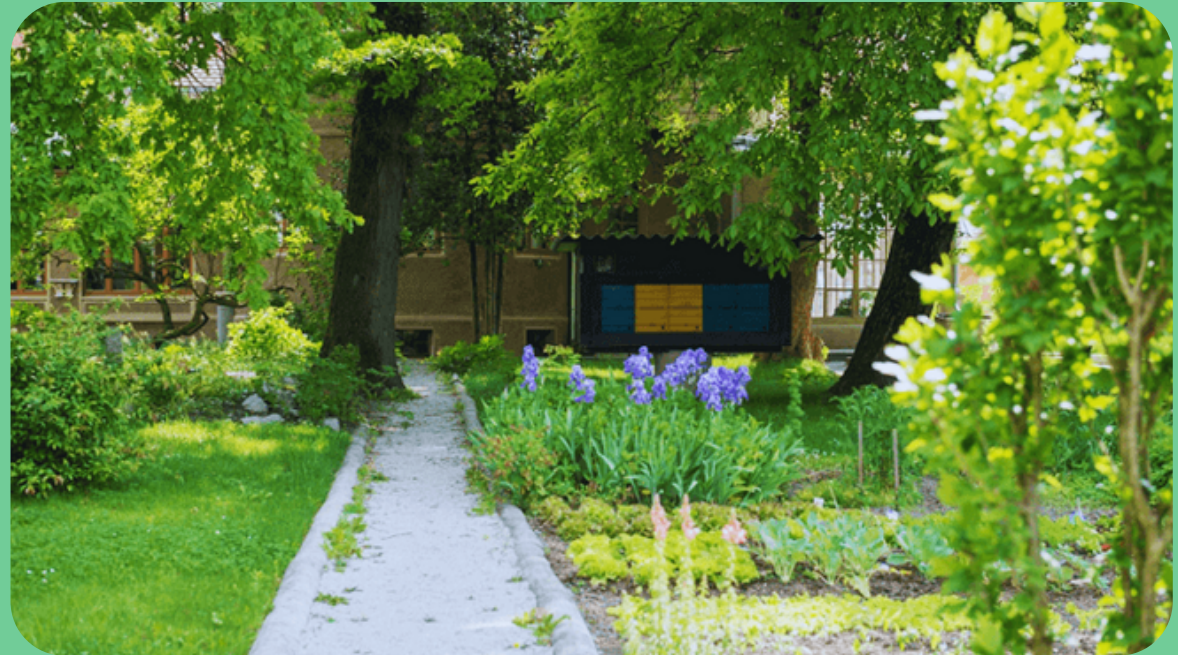
Woodberry Wetlands/©Jim Johnston



# What about implementing NbS in Urban settings?

**Cities have  
57% of global  
population in  
urban areas**

**Cities consume  
75% of  
natural  
resources**



Bee Path/©City of Ljubljana

**Some types of Urban NbS:**

**Green roofs, parks and urban forests, blue  
infraestructure**

**And some actual barriers for the implementation  
of Urban NbS:**

**functionality, planning, awareness**



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their **benefits for the  
environment, health, and  
the role of youth** in  
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#2

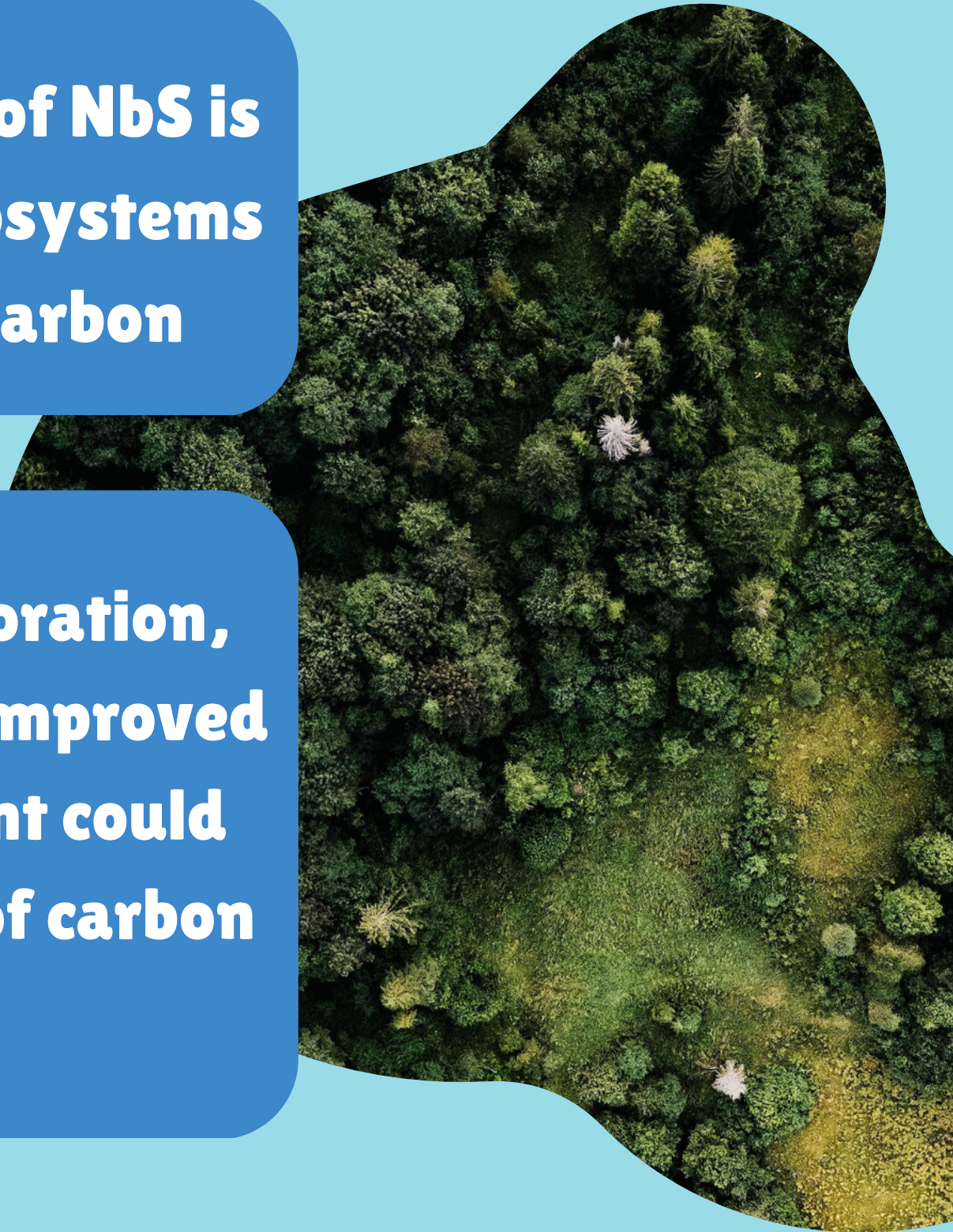
What are the benefits for  
environment & health?



# Climate change mitigation

**A major benefit of NbS is the ability of ecosystems to sequester carbon**

**NbS through restoration, conservation and improved land-management could save 10 gigatons of carbon per year**



# Climate change adaptation

**Nature-based solutions also play a role in adaptation to the environmental changes and natural disasters caused by climate change**



**For example:**  
**Mangroves prevent a predicted 15 million people from exposure to flooding per year and save \$65 billion in damage**



# Biodiversity

**Restoring and conserving ecosystems for NbS also enables biodiversity to increase**



**IUCN Global Standard for Nature-based Solutions (2020)**  
**“Criterion 3: NbS result in a net gain to biodiversity and ecosystem integrity”**

**88% of NbS which had a positive impact for climate change adaptation also had a positive impact for ecosystem health and increased species richness by 67% on average**



# NbS for public health

1



**Clean and safe drinking water**

**NbS increases water availability and quality, impacting water security**

2



**Reduced urban heat stress**

**Trees in urban areas lead to cooler environments**

3



**Reduced incidence of zoonotic diseases (COVID-19)**

**Zoonotic diseases emerge from degraded ecosystems, so restoration could prevent spread to humans**

4



**Reduced cardiovascular disease**

**NbS in urban areas has also been implicated in reduced mortality of the population from cardiovascular disease**



# Mental health

Improved wellbeing is associated with **access to public green spaces and urban trees**

Time in nature has been demonstrated to be an **effective treatment to reduce symptoms of anxiety and depression**

In an urban setting, NbS has also been associated with a **moderate reduction in the incidence of mental disorders**



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# Nature-based Solutions

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#3

Youth and NbS



# Youth and Nature-based Solutions (NbS)

**As the world's next leaders,  
youth should...**

- Be aware of environmental issues and the climate **emergency**
- Have the right to be involved in environmental **solutions**
- Foster a positive impact on the environment and **communities**



# Youth Network Initiatives



**The Global Youth Biodiversity Network, YOUNGO, and Youth4Nature**



**Inclusive Global Youth Position Statement on Nature-based Solutions**

“Youth are already taking action for biodiversity, nature and climate on the ground in their communities and should be meaningfully supported to continue and scale up this work, rather than tokenized (or “youthwashed”) for top-down, exclusive activities and engagements.”

[www.nbsyouthposition.org/statement](http://www.nbsyouthposition.org/statement)



# Engaging the Next Generation

**Ways to get youth involved in NbS projects**

**Policymakers integrating the youth role into NbS strategies/actions**

**Mandatory groups of local young people to participate in the development of the projects**

**Include youth, particularly women, in decision-making processes on NbS**



# Case study : INUKA Project



**This project launched on 20 March 2023 in Nairobi for 15 months. It seeks to take advantage of experiential learning to deliver training on NbS, best practices, youth leadership, storytelling and scale-up solutions across five key landscapes in Kenya and other African countries**



# Case study : INUKA



## Topics of the project:

Carbon offsetting; flooding mitigation; irrigation of fields; biodiversity protection; environmental education...



## INUKA's main goals:

- Biodiversity and NbS **best practice**
- Sustainable Livelihoods and **youth Leadership**
- **Community building** and storytelling



## INUKA's meaning:

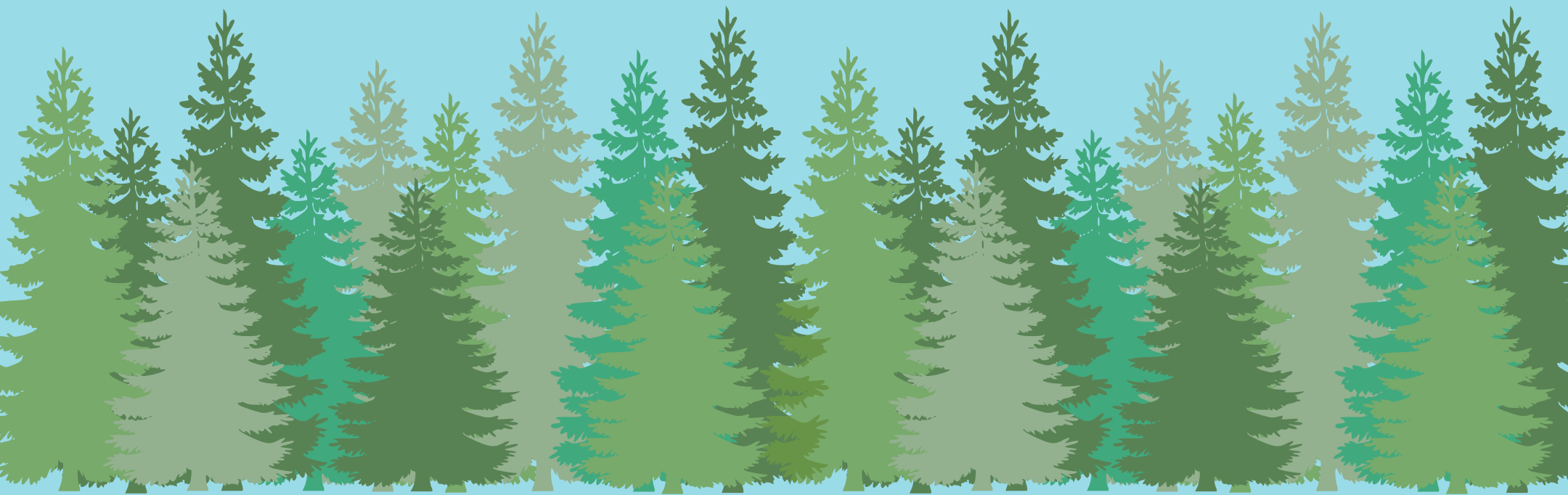
"INUKA" is a Swahili word for "rise up"

Get to know more about the project:  
[www.youth4nature.org/blog/inuka-is-launching](http://www.youth4nature.org/blog/inuka-is-launching)



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# Nature-based Solutions

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Advocacy & partnerships

#4



# Why is advocacy important?

In response to a continuously changing world it is **essential to raise awareness** on issues and **to influence change**



Advocating on NbS can have a **huge impact on EU policies regarding climate change mitigation and adaptation**. Raising awareness on NbS will increase knowledge and sensitivity of citizens towards day to day issues, like air pollution or environmental hazards



# International Best Practices



Regenerative agriculture is a key component for **solving the global climate crisis** and providing land stewards with **rich soil and clean water**

**RAF (Regenerative Agriculture Foundation)** is an intermediary founder created in 2016 which collaborates with foundations, investors, nonprofits, community leaders, and land stewards

## **Main objectives :**

- **Advance regenerative agriculture**
- **Develop and promote climate solutions**
- **Protect freshwater and oceans**
- **Support thriving rural communities, and sustain diverse human and ecological life**

**The Regenerative Agriculture's case**



# WWF: We Love Cities

Over **half the world's population** now live in **cities**, and they generate over **70%** of our climate footprint. Through better transport, green buildings, harnessing the power of nature, wasting less and loving more, **cities can lead the way to a climate-friendly future**



JOIN THE GLOBAL CELEBRATION  
OF THE MOST LOVABLE  
SUSTAINABLE CITIES

Two municipalities won  
the campaign, do you  
want to know which ones?  
**Check out the next slides!**



# WWF: We Love Cities



**Lund has been named the best climate city in Sweden and the best one in the world by the the World Wide Fund for Nature (WWF)**

**Among all the contenders, Lund has made the most significant contribution to the competition, according to the panel, and is distinguished by ambitious and explicit climate goals, political leadership, and a broad and transparent work program**



# WWF: We Love Cities

## There's more!

By restricting parking and offering alternatives, the city of Lund hopes more residents will choose **car-free living**, which the municipality estimates can save **13 kilotons of CO2 equivalent per year**

Lund pioneered the invention of an ingenious '**electric road**' so that vehicles such as buses and trucks can **continuously recharge while in motion**

Some initiatives and their amazing results

A big switch from natural gas to biogas and residual heat – and biomass – fueled district heating is expected to save **77 kilo tons of CO2 equivalent annually**

What about the other winner?



# WWF: We Love Cities

**The Bogota' Municipality was elected alongside Lund**

The Bogota' Municipality launched the "**Bogotá Verdece**" Land Use Plan, which prioritises bicycles, pedestrians, proximity, and clean mass transportation with five subway lines, two regional trains, seven cable car lines, and a zero-emission bus system to reduce the carbon footprint and contribute to meeting mitigation goals



**Additionally, it protects and expands the Main Ecological Structure by 30%, raised the level of protection of wetlands, and increases their area by 20%**



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<https://welovecities.org>

# Nature-based Solutions

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NbS controversies

#5



# Understanding greenwashing in NbS

**Many of the  
biggest emitters  
invest in NbS...**

**...but not  
in rapid  
decarbonization**

**Greenwashing  
leads to...**

- **Dismissing the urgent need for systemic change through decarbonization**
- **Distracting attention from harmful local impacts of fossil fuel extraction**



# Greenwashing case n°1 : VERRA

**Verra**

**World's leading carbon standard for the voluntary offsets market**

**The investigation**

**94% of rainforest offset credits don't represent genuine emissions reductions**

**The method**

**Companies used credits to make false claims of reducing emissions**

(Source: The Guardian)



# Greenwashing case n°2 : SHELL

Shell

The multinational oil and gas company has been **accused of greenwashing**

The strategy

Shell plans significant investments in 'nature-based offsets' and renewable energy

The reality

- **Carbon offsetting does not contribute to meeting short-term climate targets (SBTi\*)**
- **Shell is responsible for emissions that far outweigh those it seeks to offset**
- **The budget for exploring new fossil fuels is much greater than for renewables and NbS projects**



# Implementation issues with NbS

**NbS are sometimes implemented through top-down governance**

**Many NbS projects don't propose empowering local communities to face climate impacts**

**Plantations and protected areas are sometimes established within Indigenous Peoples' territories without their consent**

**Private companies may use NbS and nature to make a profit**



# Threats to biodiversity



## **Misguided measures to offset carbon:**

- **Afforestation**
- **Non-native species**
- **Degradation of native vegetation**
- **Monocultures**
- **Plantations for short-lived products**
- **Plantations that store less carbon**



# Key aspects when considering NbS

**They are not an alternative  
to drastic emissions cuts  
(UNEA resolution)**



**Protecting intact  
ecosystems has the  
highest potential**

**Local social outcomes are key to  
ensure long-lasting NbS**





# Key aspects for achieving successful NbS

**Cooperation within  
and between  
governments and  
among  
stakeholders**



**Secure and  
sustainable flows  
of finance to the  
communities and  
projects that  
need it most**

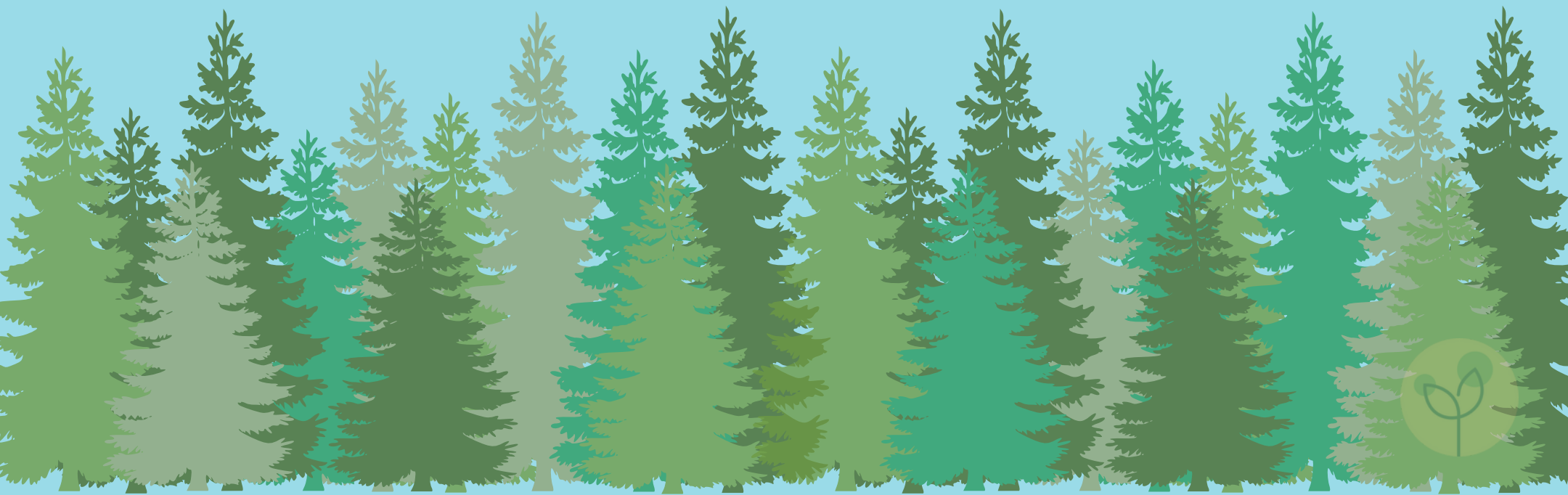


**Boost the visibility  
of projects from  
underrepresented  
regions**



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# Nature-based Solutions

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#6

International NbS  
case studies



# Estonia: Wetland restoration

By leading the way in restoring wetland ecosystems, Estonia is transforming its bogs from CO2 sources to sinks

- This can provide co-benefits such as:
- Greater biodiversity
  - Purified water
  - Increased tourism

Degraded peatlands are sources of greenhouse gases (including methane and CO2)



# France: Agroforestry



© Getty Images

**1/2  
Million  
Hectares of  
agroforestry  
expected in  
France**

**The scheme adopted in Montpellier (Southern France), implemented for 20 years, proposes a combination of walnut trees and wheat cultivation**

**Agriculture is both a cause and a victim of climate change (higher temperature and droughts) so appropriate adaptation measures are crucial**

**Agroforestry is the combination of trees and crops cultivation, a more resilient system (monocultures are deemed to be more vulnerable)**

## **Main benefits:**

- **A 40% increase in productivity compared to traditional cultivation (INRAE)**
- **Trees provide shelter for crops**
- **Increased biodiversity and enhanced pollination**
- **Farmers can diversify their products and increase their income**



# Norway: Renewable Energy



**In Norway, EVs (Electric Vehicles) reached over a 90% share of new car sales, including plug-in hybrids in addition to fully electric vehicles**

**Oslo, Norway, has an ambitious goal of a reduction of greenhouse gas emissions (GHGs) of over 95% by 2030. How? Using the most renewable energy of any country in Europe, due, mainly, to a vast supply of hydroelectricity**



# Singapore: Urban Parks and Green Spaces

## Design with biodiversity in mind:

**When designing urban parks and green spaces, Singapore prioritises the conservation of biodiversity. The country has a national biodiversity strategy that guides the design and management of green spaces, with a focus on preserving and enhancing natural habitats for local flora and fauna**



## Key Measures

- **Using native plants**
- **Emphasizing accessibility and inclusivity**
- **Promoting active recreation and mental health**
- **Fostering community involvement**





# USA: Permeable pavement



Before



After

**Permeable pavements are natural drainage systems that have great benefits:**



- **Avoid flooding** and reduce water consumption
- **Reduce CO2 emissions**
- **Reduce temperature, avoid heatwaves**
- **Reintroduce nature in the city**
- **Preserve biodiversity**
- **Provide mental health benefits**



# Switzerland : Green Roof/Wall Systems

**Systems intentionally covered with vegetation on a growing medium**  
**Also called "contained" green spaces**

**Some benefits are:**  
**Energy Efficiency and Water Management, Improved Biodiversity, Improved Air Quality and Carbon Capture**

**Since 2010, green roofs are compulsory on all flat-roofs**

**5.71 m<sup>2</sup>/capita (2019) = largest area of green roofs per capita globally**



© National Geographic Stock

Basel's Green Roofs



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